

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- MONTGOMERY METRO OBESITY RATE
 - 2009 34.6%

2017 CHANGE SURVEY RESULTS



- MONTGOMERY METRO OBESITY RATE
 - 2009 34.6%
 - 2012 27.1%

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- MONTGOMERY METRO OBESITY RATE
 - 2012 27.1%
 - 30,000 FEWER OBESE PEOPLE

2017 CHANGE SURVEY RESULTS



The Wellness Coalition

- Generous Sponsor

2017 CHANGE SURVEY RESULTS



- Generous Sponsor

2017 CHANGE SURVEY RESULTS



- Generous Sponsor

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- 2012 CHANGE SURVEY 80
RESPONDENTS

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- 2012 CHANGE SURVEY 80
RESPONDENTS
- 2017 CHANGE SURVEY 500
RESPONDENTS

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- 311 ONLINE SURVEYS
- 189 HARD COPY SURVEYS

2017 CHANGE SURVEY RESULTS



- COMMUNITY OUTREACH
 - LOWNDES COUNTY

2017 CHANGE SURVEY RESULTS



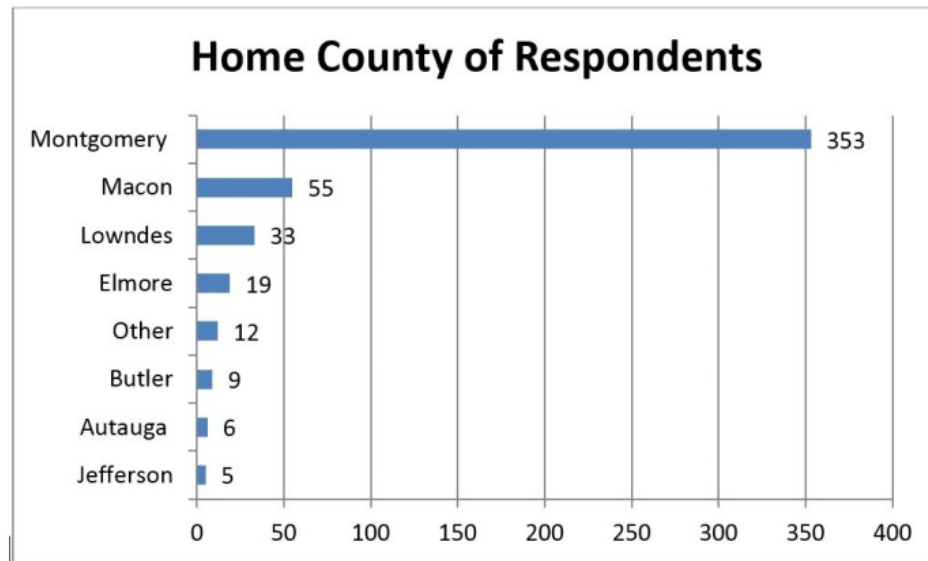
- COMMUNITY OUTREACH
 - MACON COUNTY

2017 CHANGE SURVEY RESULTS



- COMMUNITY OUTREACH
 - MONTGOMERY

2017 CHANGE SURVEY RESULTS



Other- Chambers, Chilton, Crenshaw, Lee, Tallapoosa, Pike Muscogee (GA), Morgan, Madison, Limestone

- **MONTGOMERY COUNTY**
- **70.6% of RESPONDENTS**

2017 CHANGE SURVEY RESULTS

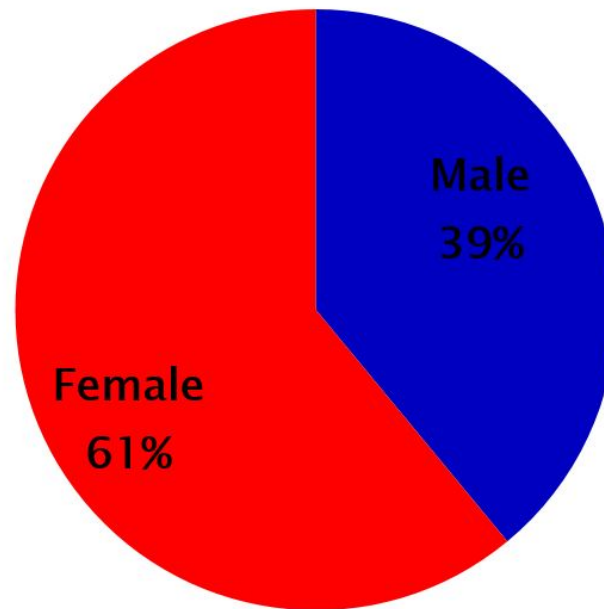


RIVER REGION OBESITY TASK FORCE

- 16 DEMOGRAPHIC QUESTIONS
- 40 MULTIPLE CHOICE QUESTIONS

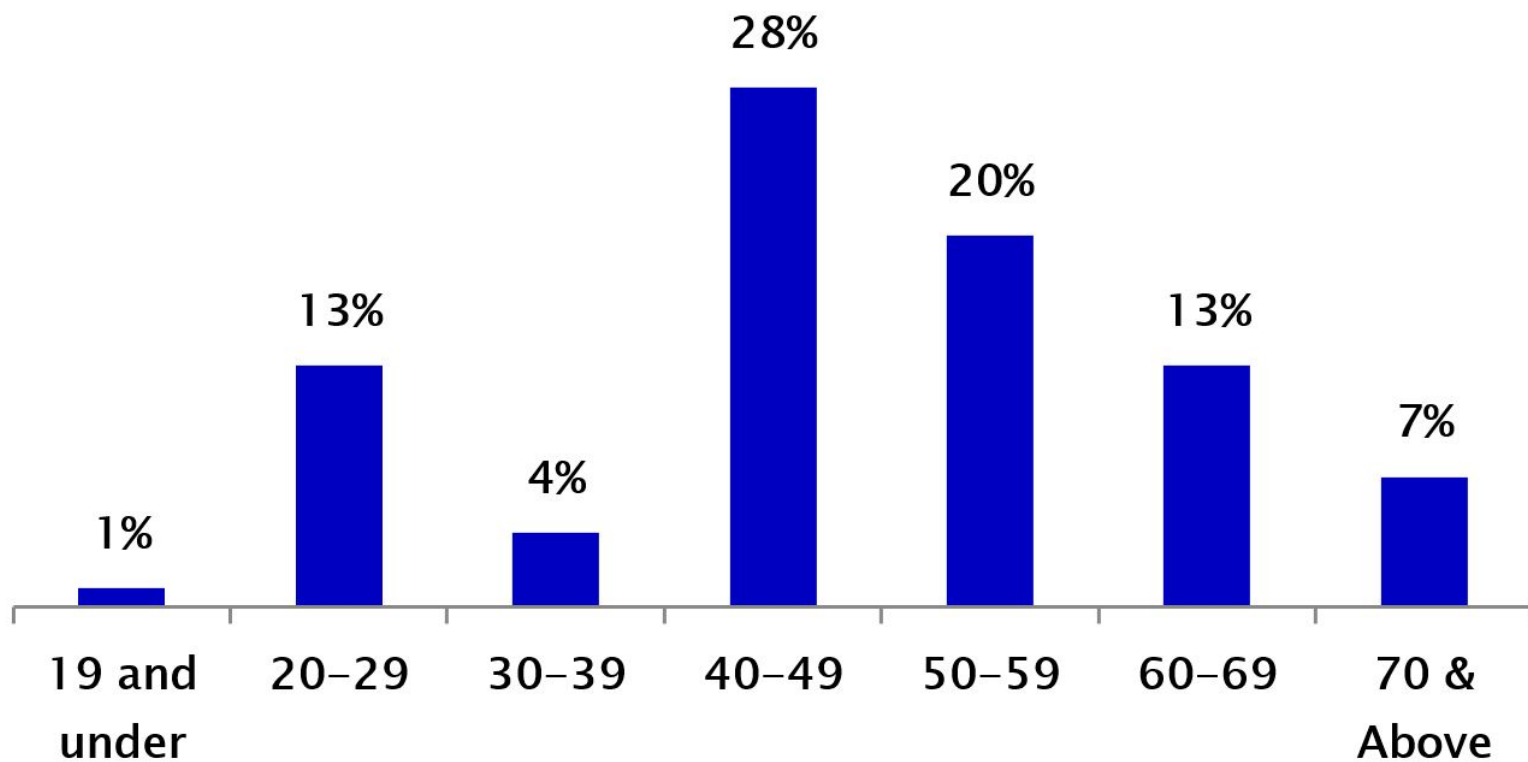
2017 CHANGE SURVEY RESULTS

Gender of Respondents

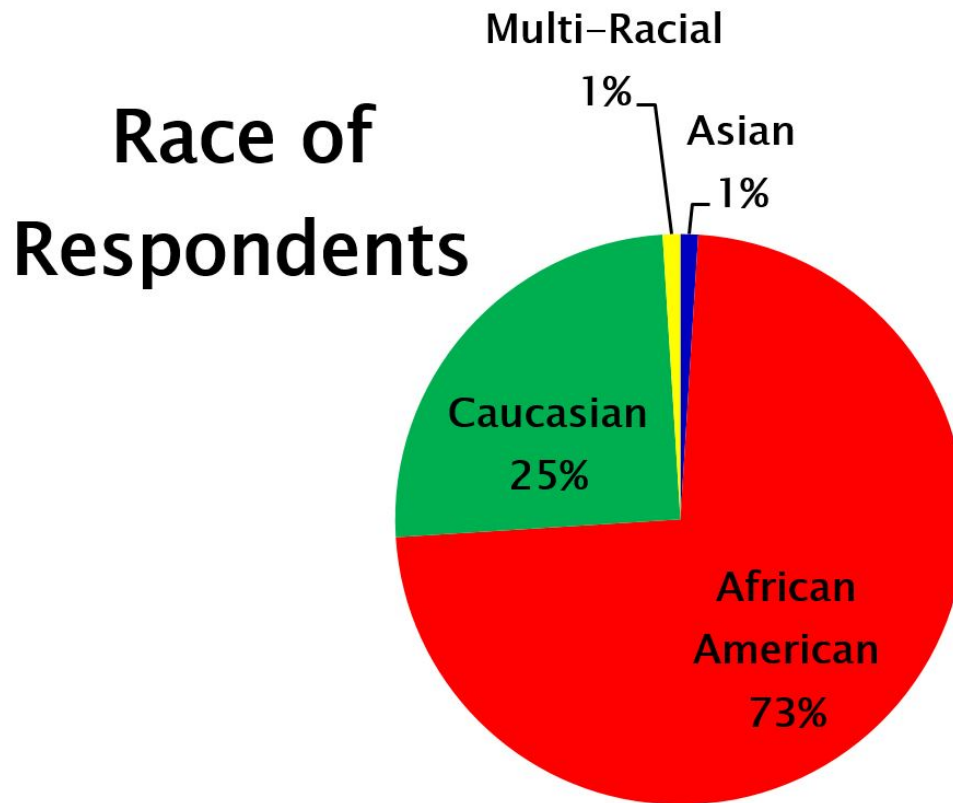


2017 CHANGE SURVEY RESULTS

Age of Respondents

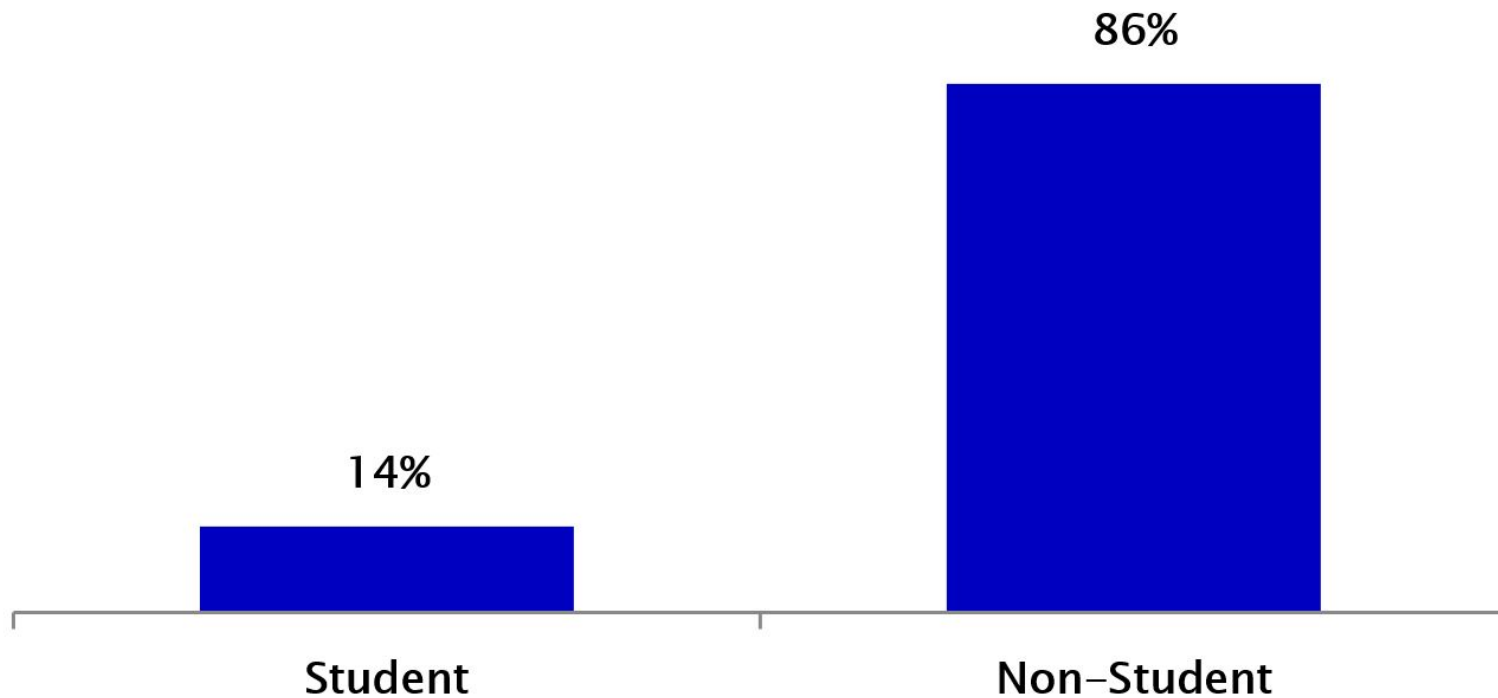


2017 CHANGE SURVEY RESULTS



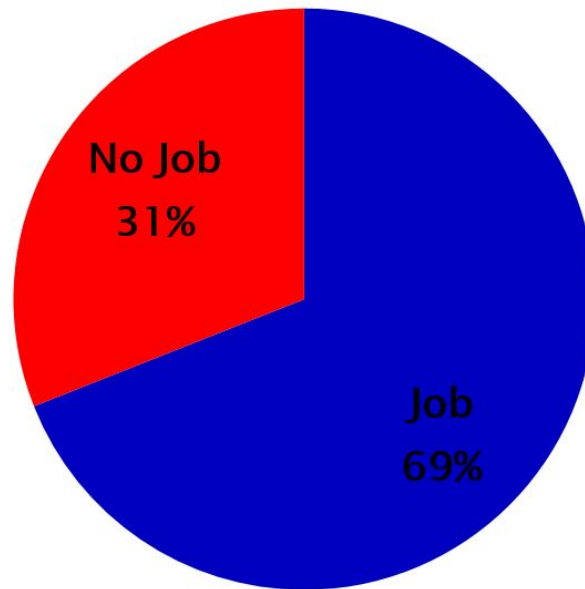
2017 CHANGE SURVEY RESULTS

Student Respondents



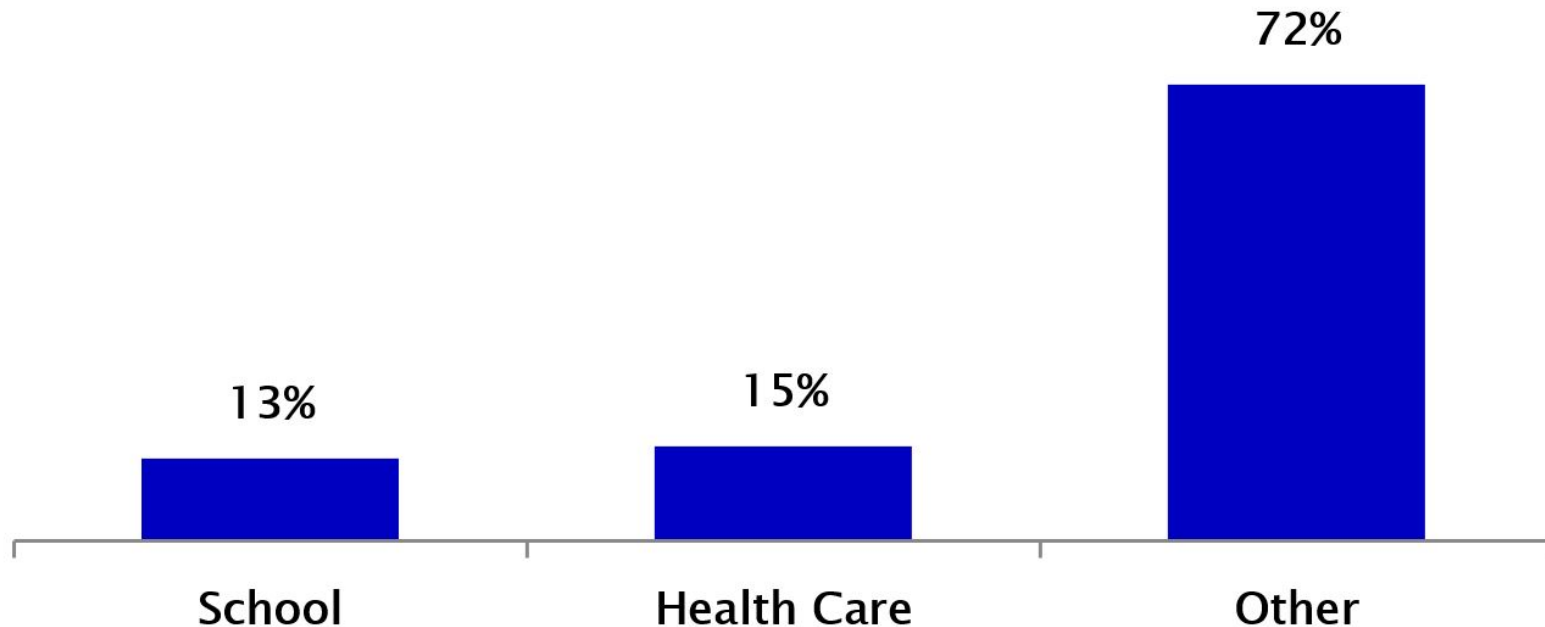
2017 CHANGE SURVEY RESULTS

Employment Status of Respondents



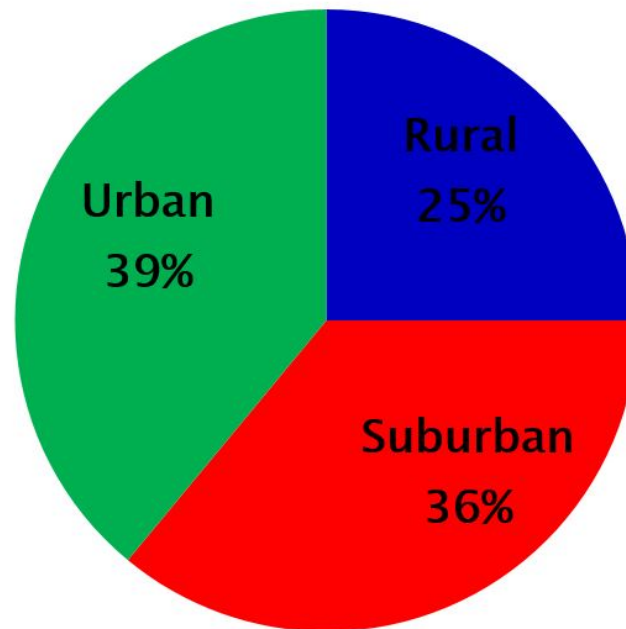
2017 CHANGE SURVEY RESULTS

Employment Sectors of Respondents



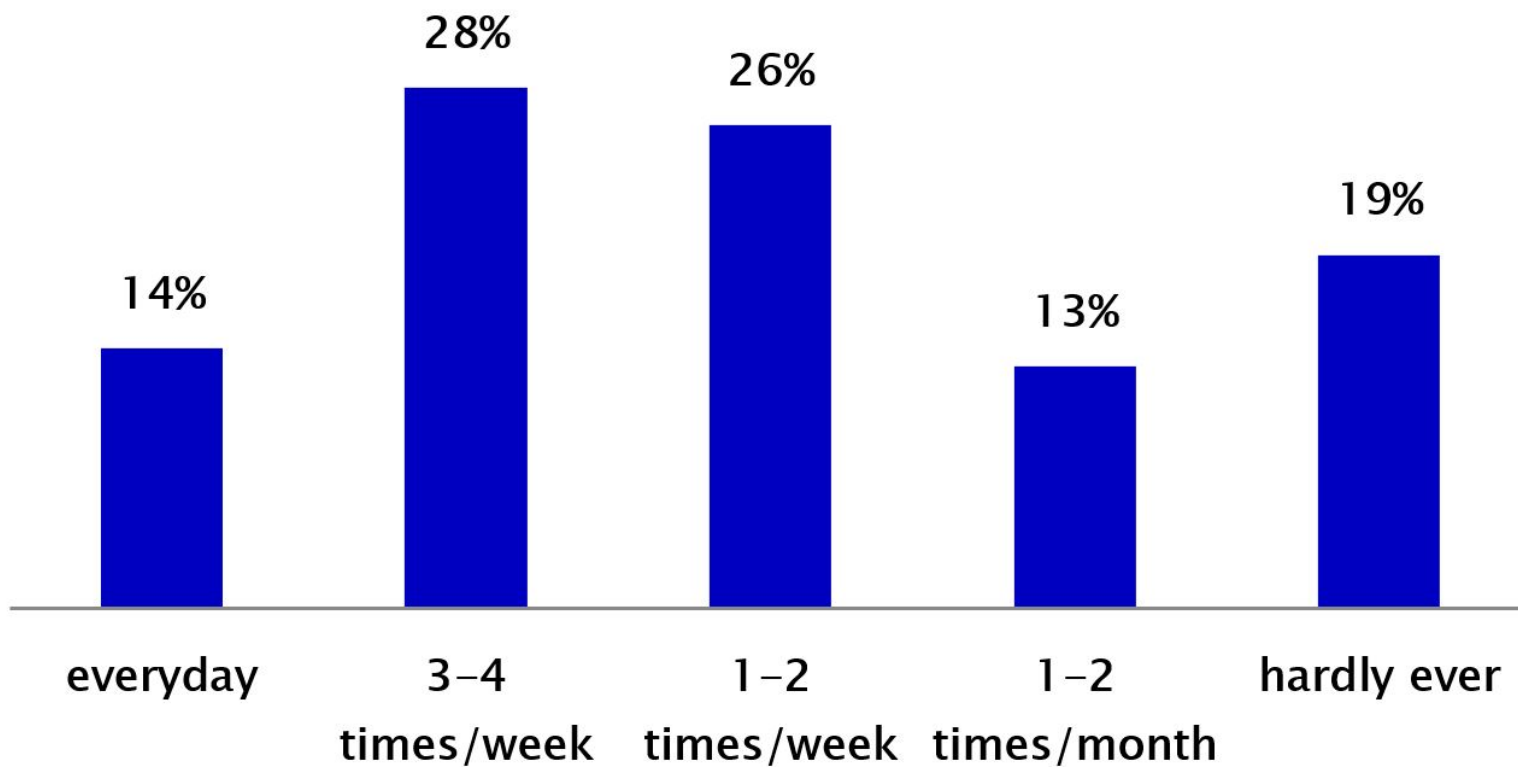
2017 CHANGE SURVEY RESULTS

Respondents' Community Type



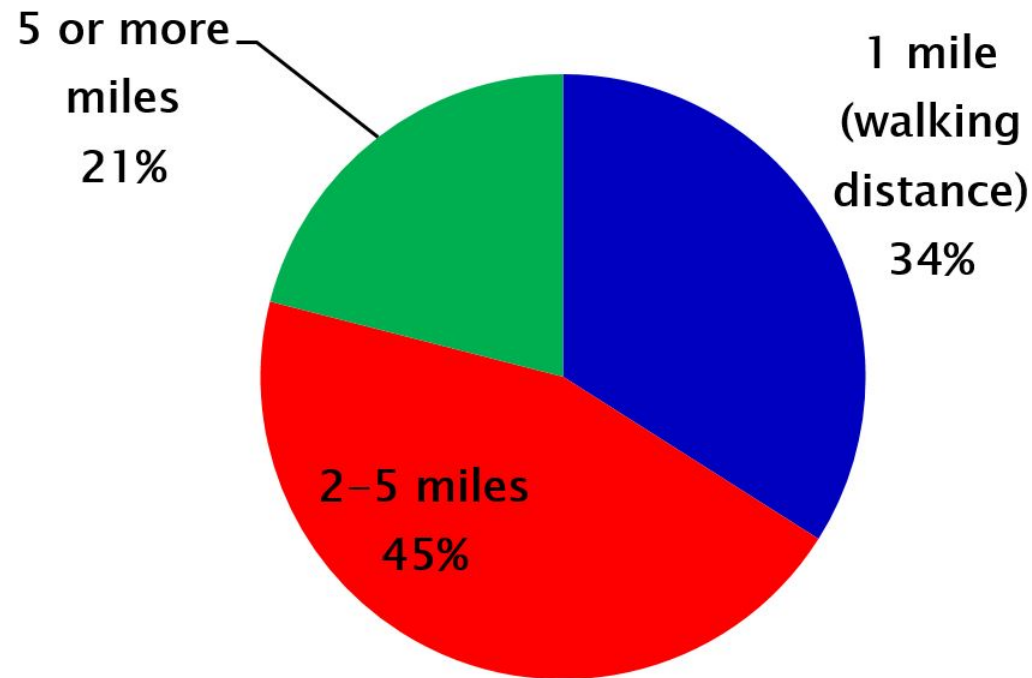
2017 CHANGE SURVEY RESULTS

Frequency of Exercise



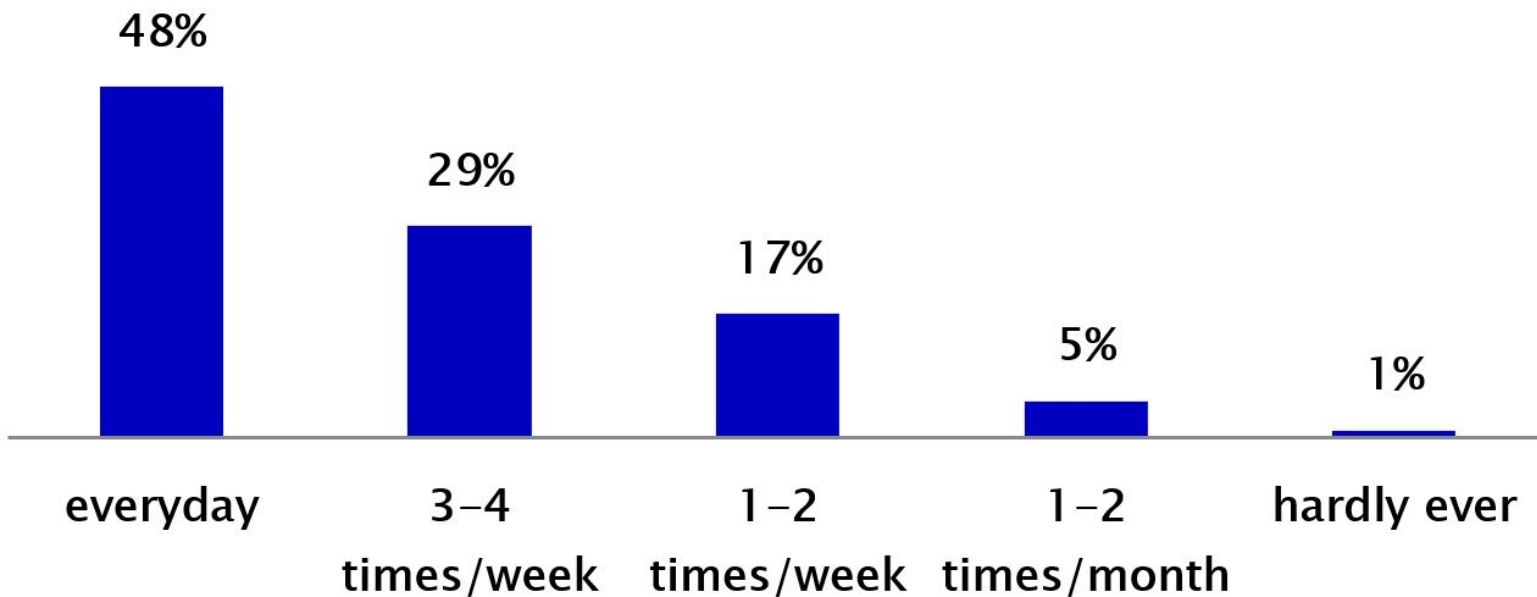
2017 CHANGE SURVEY RESULTS

Nearest Park or Trail



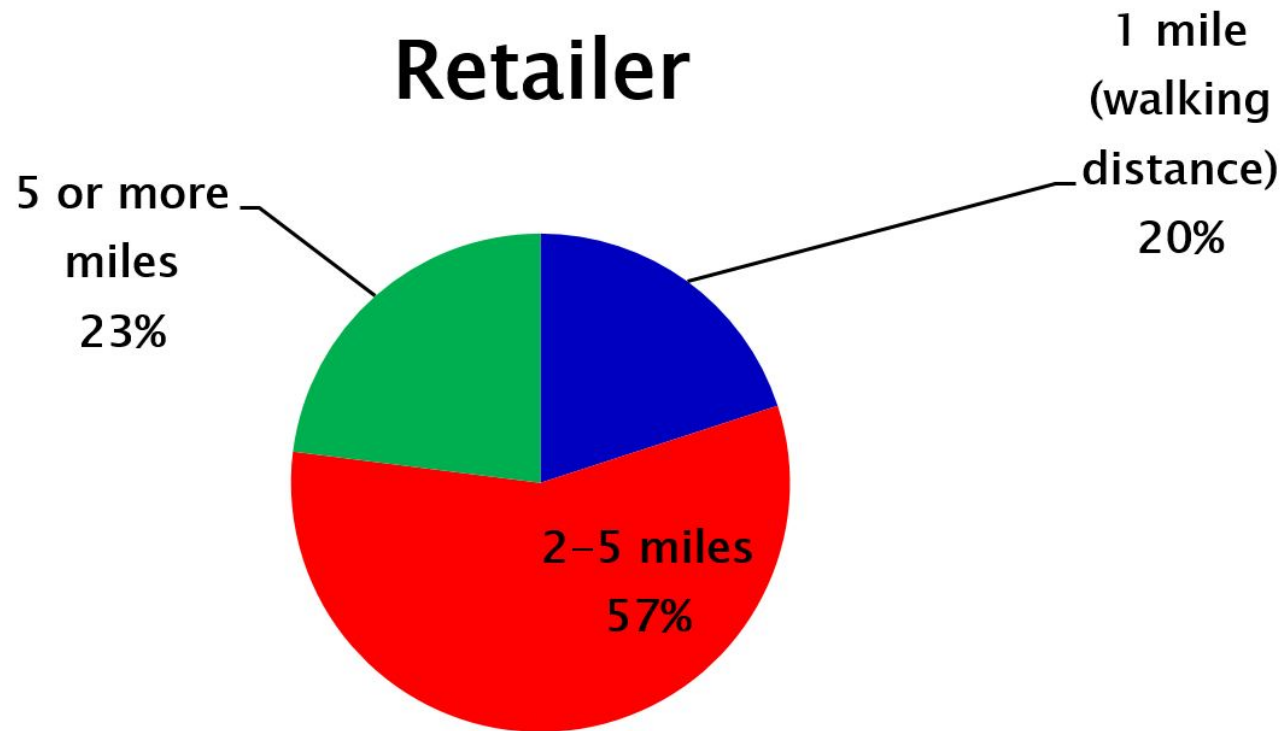
2017 CHANGE SURVEY RESULTS

Frequency Fruit & Vegetable Consumption



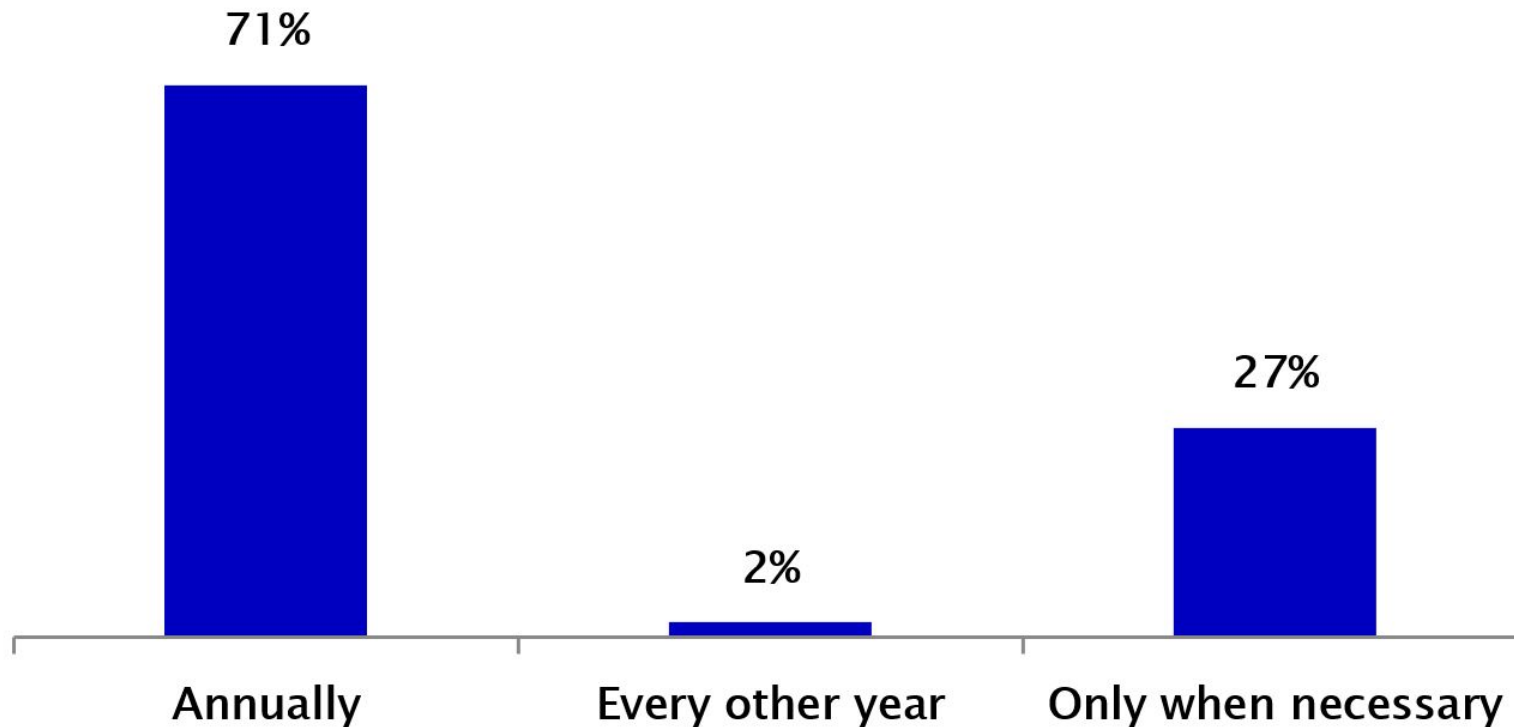
2017 CHANGE SURVEY RESULTS

Nearest Fruit & Vegetable Retailer



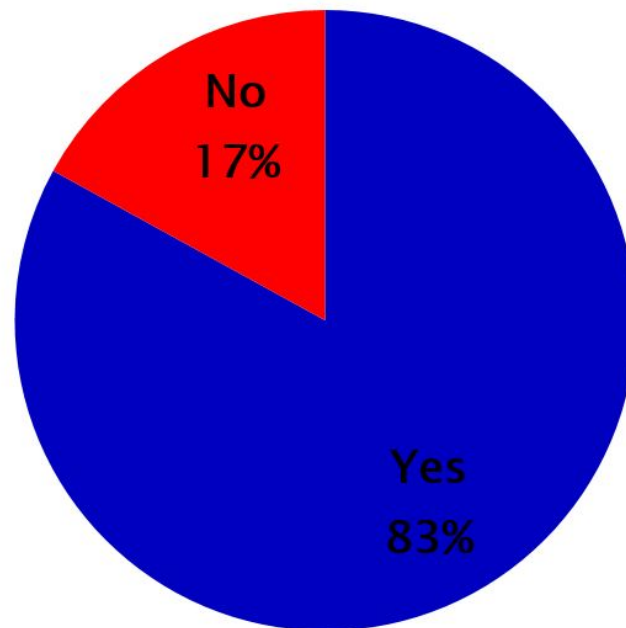
2017 CHANGE SURVEY RESULTS

Frequency of Doctor Visits



2017 CHANGE SURVEY RESULTS

Hospital in your community?



2017 CHANGE SURVEY RESULTS



- COMMUNITY AT-LARGE
- HEALTH CARE/ FACILITIES
- SCHOOLS
- WORKSITES

2017 CHANGE SURVEY RESULTS



- THIS IS A PROBLEM
- A PROBLEM & LEADERS KNOW
- A PROBLEM LEADERS ARE WORKING ON
- WAS A PROBLEM, NOW SOLVED

2017 CHANGE SURVEY RESULTS



- NEVER A PROBLEM OR N/A
- I DON'T KNOW

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- CONCLUSION: INCREASE EDUCATION ABOUT THE IMPORTANCE OF INCORPORATING FRUITS/VEGETABLES IN THE DIETS OF WIC AND EBT RECIPIENTS

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- CONCLUSION: INCREASE EDUCATIONAL OUTREACH REGARDING PREPARING HEALTHY MEALS AND SNACKS

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- CONCLUSION: INCREASE THE NUMBER OF PUBLIC FACILITIES AVAILABLE TO NURSING MOTHERS

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- CONCLUSION: REMAIN ENGAGED WITH LEADERS REGARDING SAFE PLACES TO EXERCISE AND FOLLOW-UP ON ISSUES SUCH AS WALKABLE SCHOOLS AND BIKE LANES

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- CONCLUSION: ENCOURAGE HEALTH CARE PROVIDERS TO IMPLEMENT ADDITIONAL EVENING AND WEEKEND OFFICE HOURS

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- CONCLUSION: RESEARCH HEALTH INDICATORS OVER TIME TO SEE IF GOOD ADVICE FROM HEALTH CARE PROVIDERS ON NUTRITION AND PHYSICAL ACTIVITY IS BEING IMPLEMENTED

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- CONCLUSION: ENCOURAGE SCHOOLS TO INCLUDE HEALTHY LIVING IN THEIR MISSION STATEMENTS

2017 CHANGE SURVEY RESULTS



RIVER REGION OBESITY TASK FORCE

- CONCLUSION: ENCOURAGE WORKSITES TO IMPLEMENT WELLNESS STRATEGIES SUCH AS: HEALTHY COOKING CLASSES, DISCOUNTED GYM MEMBERSHIPS, SHOWERS, LOCKER ROOMS TO ENCOURAGE EMPLOYEE EXERCISE